



Thank you for choosing award winning Il Forno Italian restaurant.

We are passionate about great food and wine, served in a vibrant, warm and friendly atmosphere, by people who care and who have a passion for genuine food and service.

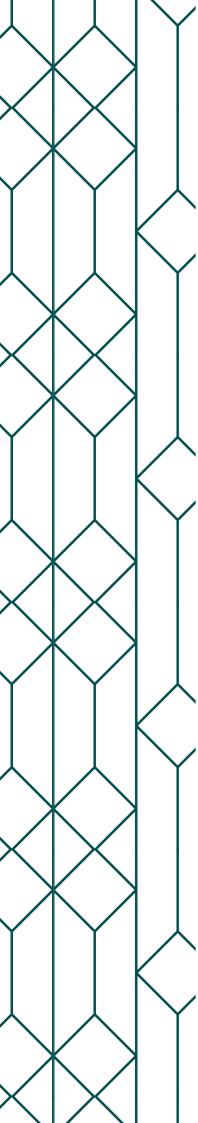
Our search for the best ingredients and products never ceases. The finest ingredients have been chosen direct from suppliers to ensure authenticity, tradition, taste and quality.

Our extra virgin olive oil, the very essence of every Italian kitchen, is produced exclusively for us in a remote mountain village in Basilicata.

Enjoying great food and drink is a great pleasure in life and we sincerely hope that you enjoy your time with us, today and when you return!

Paolo

'BUON APPETITO!'



## STARTERS\_

OLIVE Kalamata and green Colossal olives dressed with extra virgin olive oil, garlic, mixed peppers and spices	4.25	CESTINO DI PANE  Basket of bread and focaccia, with olive tapanade and butter	4.50
BRUSCHETTA * CLASSICA	5.25	FOCACCIA Choose from:	5.75
Oven baked Italian bread, rubbed with garlic and topped with cherry tomatoes, basil, oregano and extra virgin olive oil * CAPRESE  Oven baked Italian bread, rubbed with garlic and topped with cherry tomatoes, Buffalo mozzarella D.O.P, basil, oregano and extra virgin olive oil		* ROSEMARY  * TOMATO  * FIORDILATTE MOZZARELLA  * GARLIC	
	SOUP	ZUPPE —	
MINESTRONE Traditional Italian vegetable soup with croutons and a dash of tomato sauce	7.00	SEPPIE FAVE E SPINACI Cuttlefish, broad bean and spinach soup - a real favourite which originated from Apulia in Southern Italy	9.00
——————————————————————————————————————	PASTI	ANTIPASTI CLASSICI ——————————————————————————————————	
PROSCIUTTO DI PARMA Parma Ham Gran Riserva with Buffalo mozzarella D.O.P. dressed with basil and extra virgin olive oil	9.00	CARPACCIO NOCI PERE E GORGONZOLA Thinly sliced fillet of beef with walnut, pear and gorgonzola	14.00
BURRATA Creamy Burrata cheese served with a selection of Italian tomatoes and basil pesto	9.00	POLIPETTI ALL LUCIANA  Baby octopus with Taggiasche black olives, capers, cherry tomatoes and tomato sauce	9.00
FEGATINI DI POLLO Sautéed chicken livers in a reduction of Marsala sweet wine, cream and sultanas, served with toasted croutons and onion	8.00	FANTASIA DI MARE [2 PEOPLE] Selection of the finest seafood, to match the Italian tradition	20.00
ANTIPASTO MISTO [FOR 2-3 PEOPLE] Selection of the finest cured meat, vegetables,	20.00	ZITO CORTO ALLA NORMA Artisan short ziti pasta with aubergine and baked ricotta cheese	8.00
Buffalo mozzerella D.O.P  FRITTURA DI CALAMARI  Calamari and courgette in light batter with	7.50	SPAGHETTI POMODORO  Artisan spaghetti with San Marzano D.O.P. tomato sauce, basil, extra virgin olive oil and cherry tomatoes topped with ricotta cheese	8.00
lemon & lime foam		GNOCCHI DI PATATE VIOLA	9.00
GAMBERONI Pan-fried king prawns served in a light garlic butter & chilli sauce with cherry tomatoes and toasted croutons	10.50	Fresh homemade gnocchi made with purple potato, clams and yellow cherry tomatoes	3.00
CAPESANTE  Seared king scallops marinated with lemon & dill and wrapped in pancetta. Served with saffron risotto	10.50	MEZZE MANICHE COZZE E CREMA DI FAGIOLI Artisan mezze maniche pasta with mussels and cream of borlotti beans	10.00
OSTRICHE Three fresh Colchester rock oysters, served with shallot vinegar, balsamic and lemon caviar	6.00	PASTA MISTA SCAMPI E CECI A selected mixture of artisan pasta from Naples with langoustine, chickpeas, cream and garlic	11.00
TARTARE DI MANZO An Italian classic, prepared at the table. Diced beef fillet mixed with capers, onions, eggs, mustard and extra virgin olive	<b>15.00</b>	RAVIOLI ALLA RAPA ROSSA  Fresh homemade beetroot ravioli filled with goat's cheese and walnuts tossed in butter and sage sauce, drizzled with a honey glaze	9.00
G O U R M E	ET SALA	ADS   INSALATE -	
INSALATA CAPRINO Goat's cheese served on top of sliced beetroot, mixed leaves, tomatoes, cucumbers, capers, olives, oregano, balsamic glaze, extra virgin olive oil and croutons	11.50	PANZANELLA Tuscan salad with finely chopped heritage tomatoes, basil, anchovies, celery, peppers, onion and basil pesto. Served with artisan toasted bread	11.50
INSALATA CESARE Baby lettuce, chicken, pancetta, parmesan shavings, toasted artisan bread, caesar dressing and extra virgin olive oil	11.50	INSALATA GRANCHIO  Crab and mango salad served on a bed of mixed leaves, cucumber, fresh mint, red chilli, shallot and lemon caviar	11.50

### MAINS

Tender broccoli with garlic and extra virgin olive oil

FILETTO DI MANZO 100Z Grilled prime fillet of beef served with dauphinoise potatoes, spinach, parmesan crust and Barolo sauce	27.00	COSTOLETTA DI AGNELLO French trimmed rack of lamb with rosemary and garlic, served with artichokes and dauphinoise potato (Recommended served pink)	26.00
WAGYU RIBEYE DI MANZO 12 OZ	29.00		
Australian Wagyu Ribeye, this meat is well marbled for peak flavour served with seasonal vegetables		MILANESE DI POLLO Pan fried chicken coated in breadcrumbs, served with spaghetti tomato and parmesan cheese	19.00
WAGYU ENTRECOTE	26.00		
<b>DI MANZO 100Z</b> Australian Wagyu Sirloin Steak, served with seasonal vegetables		POLLO Grilled chicken thighs, served with mashed potatoes and mixed vegetables (Choose your own sauce, peppercorn or medium spicy paprika)	19.00
STRACCETTI DI MANZO (FLAMBÉ)	27.00		
Medallion of fillet steak served on a bed of pan-fried cabbage, leak and cream, with dauphinoise potatoes and peppercorn sauce (prepared at the table)		GUANCIALE DI MANZO E RISOTTO ALLE ERBETTE Slow cooked OX cheek served on a bed of mixed herb risotto and veal jus	23.00
OSSOBUCO ALLA MILANESE	24.00	v	
Veal Shank braised with rosemary, carrot, orange zest served with risotto milanese		BISTECCA ALLA FIORENTINA 2 - 3 PEOPLE Grilled T-Bone, seasoned with Himalayan pink salt, salt of Cervia, roast potatoes, mixed vegetables and pepper weight 1.5kg (50 oz)	70.00

### ADD SAUCE: \* PEPPERCORN 2.25 \* BAROLO WINE 2.50

	ISH DISH	1	
ZUPPA DI PESCE Traditional Italian fish soup (catch of the day)	25.00	SOGLIOLA ALLA MUGNAIA  Pan fried dover sole filleted at the table, served with  seasonal vegetables and lemon butter sauce	30.00
FRITTURA MISTA DI PESCE Lightly battered fried fish (catch of the day) served with lemon foam	25.00	BRANZINO ALLA BRACE  Grilled whole sea bass filleted at the table, served with seasonal vegetables (Also available baked in salt)	29.00
DUO DI SALMONE E BRANZINO Sous vide salmon and sea bass roll, served with creamed potato, asparagus and cherry tomatoes	22.00	PESCE SPADA GHIOTTA  Sous vide swordfish served with olives, cherry tomatoes, capers and potato cream	24.00
TONNO Pan fried Tuna served with smoked provola cheese and tomato concasse	24.00	ROMBO AL FORNO  Oven baked turbot filleted at the table, served with potatoes, artichokes, olives and cherry tomatoes	30.00
MERLUZZO Sous vide black cod served with courgettes and mint cream	25.00		
	SIDES	CONTORNI —	
PATATE AL FORNO Garlic and rosemary roast potatoes	4.00	INSALATA RUCOLA E PARMIGIANO Classic salad of wild rocket and parmesan shavings	4.00
PATATINE Hand cut Il Forno fries	4.00	POTATO DAUPHINOISE Thinly sliced potatoes slow-cooked in the oven with cream	4.00
FAGIOLINI Green beans with extra virgin olive oil and garlic	4.00	SPINACI Steamed spinach with garlic, butter and extra virgin olive oil	4.00
BROCCOLI	4.00		

#### — LE PASTE TRAFILATE AL BRONZO —

#### TRADITIONAL TEXTURED PASTAS AND RAVIOLI

All of our pasta is organic and made with 100% Italian grains (Afeltra) and cooked perfectly.

All of our ravioli are homemade daily in the restaurant

PENNE ALL'ARRABBIATA Artisan Penne with Tomato San Marzano D.O.P., garlic, chilli and extra virgin olive oil	10.00	SPAGHETTI ALLA CARBONARA Artisan Spaghetti with eggs, pancetta, parmesan, crushed peppercorns (made the Italian way)	13.00
LINGUINE ALLO SCOGLIO  Artisan Linguine with langoustine, prawns, mussels, clams and baby squid finished with garlic and cherry tomatoes	16.00	<b>SPAGHETTI ALLE VONGOLE</b> Artisan Spaghetti, Palourdes clams, garlic, extra virgin olive oil, parsley	15.00
SPAGHETTI CON CREMA ALL'AGLIO Artisan Spaghetti with garlic olive oil, crumbled bread and garlic cream	10.00	LINGUINE ALL'ASTICE 24.00 A Whole blue lobster with Linguine pasta in white wine, garlic and cherry tomatoes	/32.00
LASAGNA TRADIZIONALE  Oven baked layers of pasta with beef Bolognese sauce, béchamel, Fiordilatte mozzarella, Parmesan cheese and basil	11.00	RAVIOLI ALL'ASTICE Fresh homemade Ravioli with lobster served with a lobster bisque	25.00
SPAGHETTI ALLA CHITARRA CON COLATURA DI ALICI Freshly homemade basil Spaghetti, rye bread sauce, cherry tomato and anchovy sauce	15.00	RAVIOLI BUFALA E MELANZANE Fresh homemade Ravioli with Buffalo mozzarella D.O.P. and aubergine	13.00
PACCHERI ALLA MATRICIANA Artisan homemade Paccheri pasta with pancetta, onions, Tomato San Marzano D.O.P and finished in a red wine and	12.00	RAVIOLI DI CINGHIALE Fresh homemade Ravioli filled with wild boar ragout, served with wine jus and diced wild boar	15.00
tomato sauce		TRIANGOLI DI PESCE SPADA CON POMODORINO E GAMBERI	15.00
TAGLIOLINI AL TARTUFO (FLAMBÉ) Freshly homemade Tagliolini pasta served with black truffle sauce, extra virgin olive oil (prepared at the table)	20.00	Freshly homemade pasta filled with swordfish, served with tiger prawns and cherry tomato sauce	

— PIZZA ——

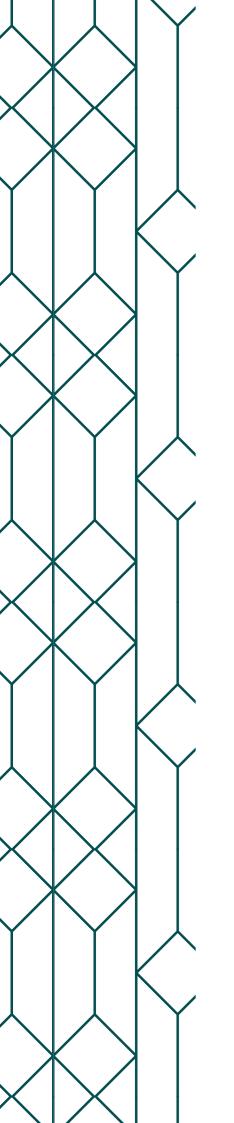
11.00

ZITONI CON RAGU DI SALSICCIA

pecorino cheese

Artisan homemade Zitoni pasta with Italian sausage ragu and

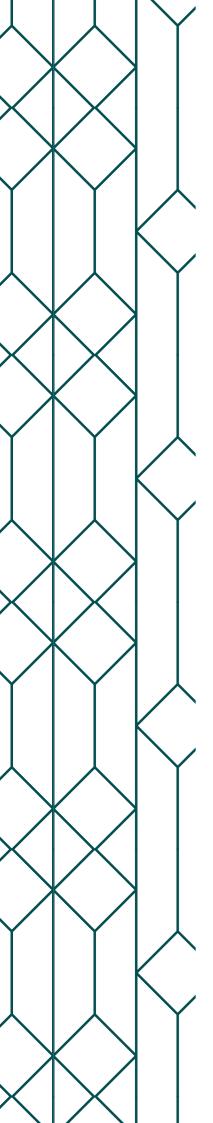
MARGHERITA Tomato San Marzano D.O.P., Fiordilatte mozzarella and basil	10.00	RUSTICA Tomato San Marzano D.O.P., Fiordilatte mozzarella, aubergine, courgette, mushroom, pepper and spinach	11.00
<b>DIAVOLA</b> Tomato San Marzano D.O.P., Fiordilatte mozzarella and spicy salami	10.50	ROMANA Tomato San Marzano D.O.P., anchovies, capers and black olives	10.00
ZINGARA Tomato San Marzano D.O.P., Fiordilatte mozzarella, mushroom and cooked ham	10.50	PIZZA FRITTA SALSICCIA E FRIARIELLI Deep fried pizza with Tomato San Marzano D.O.P., Fiordilatte mozzarella, fresh Italian sausage, Italian	11.00
QUATTRO FORMAGGI Fiordilatte mozzarella, goat's cheese, gorgonzola and parmesan with pear and honey	11.00	broccoli and ricotta cheese  ITALIANA	12.50
SAN DANIELE Tomato San Marzano D.O.P., Fiordilatte mozzarella and parma ham	11.00	Cherry tomatoes, Buffalo mozzarella D.O.P., parma ham and rocket  ECCELLENZA	18.00
TONNO Tomato San Marzano D.O.P., fresh tuna and fresh onions	18.00	Buffalo mozzarella D.O.P. pizza base garnished with mortadella salami, caciocavallo cheese, finished with pesto sauce and toasted pistachios	
MELANZANE Tomato San Marzano D.O.P., aubergine, provola	16.00		



# CHILDREN'S MENU\_\_\_

WO COURSES & DRINK 9.95  For our younger guests up to age 11
——————————————————————————————————————
PEPITE DI POLLO CON PATATINE Chicken nuggets with chips
SPAGHETTI BOLOGNESE World classic spaghetti with beef Bolognese sauce
PIZZETTA MARGHERITA ordilatte Mozzarella cheese and Tomato San Marzano D.O.P
PIZZETTA DIAVOLA Tomato San Marzano D.O.P., Fiordilatte Mozzarella and spicy salami
BRANZINO CON VERDURE Sea bass fillet served with chunky chips
PENNE POMODORO Penne pasta served with Tomato San Marzano D.O.P
DESSERTS
ICE CREAM Selection of two scoops of ice cream
———— DRINKS ————
Choose from a glass of:
* ANY CORDIAL

\* COKE
\* DIET COKE
\* LEMONADE



## **GLUTEN FREE**

- STARTERS ----

#### **BRUSCHETTA CAPRESE 5.25**

Oven baked gluten free bread topped with Buffalo mozzarella D.O.P, cherry tomatoes, garlic, oregano and basil

#### CAPRINO GRIGLIATO 9.00

Grilled goat's cheese served with grilled seasonal vegetables

#### **GAMBERONI 10.50**

Pan-fried king prawns served in light garlic butter and chilli sauce, cherry tomatoes

MAINS -

#### PENNE CON SALMONE 10.00

Gluten free penne pasta in a creamy salmon sauce

#### GNOCCHI ALLA SORRENTINA 10.00

Corn flour gnocchi served with Tomato San Marzano D.O.P. sauce and vegan cheese

#### **BRANZINO CON VERDURE 19.00**

Sea bass fillets served with seasonal vegetables

#### TAGLIATA DI MANZO 10OZ 25.00

Chargrilled sirloin steak sliced and served with cherry tomatoes, rocket and parmesan shavings

#### PIZZA MARGHERITA 10.00

Gluten free pizza made with tomato San Marzano D.O.P. base and topped with Fiordilatte Mozzarella cheese

#### PIZZA DIAVOLA 10.50

Gluten free pizza made with tomato San Marzano D.O.P. base and topped with Fiordilatte Mozzarella cheese and spicy salami

— DESSERTS —

#### TORTA CAPRESE 7.00

Gluten free almond and chocolate cake

#### GELATO LIMONE E FRAGOLA

Strawberry & lemon ice cream

- \* 1 SCOOP 2.00
- \* 2 scoops 3.00
- \* 3 scoops 4.00

GLUTEN FREE BASE AVAILABLE WITH ALL PIZZAS - JUST ASK YOUR WAITER



×	X	
I	I	
<b>人</b>		l Y
X	X	
	K )	
Y	Y	
		<i> </i>
1		
$\wedge$		
<		
<	$\times$	
<	$\times$	
<		
$\langle$		
$\langle$		

STARTERS —

#### FOCACCIA 6.50

With tomato, garlic and oregano

#### CAPRESE VEGANA 7.00

Selection of Italian tomatoes and vegan cheese

— MAINS —

#### PENNE ALL ARRABBIATA 10.00

Artisan Afeltra penne pasta served with fresh tomato sauce, chilli, garlic and parsley

#### GNOCCHI ALLA SORRENTINA (gf) 10.00

Corn flour gnocchi served with tomato sauce and vegan cheese

#### SPAGHETTI INTEGRALI AL POMODORINO 12.00

Artisan wholegrain spaghetti served with cherry tomatoes and basil

#### LINGUINE AL TARTUFO (FLAMBÉ) 20.00

Artisan organic linguine pasta served with black truffle, truffle sauce and extra virgin olive oil (prepared at the table)

#### POLPETTA DI PANE 8.00

Pan fried vegan ball made with flaxseed, parsley, breadcrumbs, salt and pepper, served with mixed tempura vegetables and spicy tomato dip

#### PIZZA MARGHERITA 10.00

Tomato sauce and Italian vegan cheese

#### INSALATA VEGAN 12.00

Pan fried kale, walnut, cucumber with oat milk, lime zest, Dijon mustard and extra virgin olive oil

#### PANZANELLA 11.50

Tuscan salad with Italian cherry tomatoes, basil, celery, mixed peppers and onion. Served with artisan bread

— DESSERTS —

#### TORTA AL CIOCCOLATO E LAMPONI VEGANA 6.00

Vegan sponge cake with chocolate mousse and raspberries

If you suffer from nut or other allergies, please ask your server for more information. All of our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. Olives may contain stones. Chicken, fish and duck dishes may contain bones. All prices include VAT at the current rate. All steak weights provided are average weight before cooking.

